

| THE GREEN CUPBOARD       |  |            |
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| PRODUCTS                 | ITEMS  | PRICE      |
| <b>DRIED FRUIT</b>       | Apricots organic                             | £1.40/100g |
|                          | Cranberries                                  | £1.00/100g |
|                          | Desiccated coconut organic                   | £0.60/100g |
|                          | Mango organic                                | £1.85/100g |
|                          | Medjool dates                                | £1.40/100g |
|                          | Red raisins                                  | £0.50/100g |
|                          | Sultanas                                     | £0.35/100g |
| <b>NUTS</b>              | Almonds blanched organic                     | £2.00/100g |
|                          | Almonds flaked                               | £1.50/100g |
|                          | Almonds ground                               | £1.80/100g |
|                          | Cashew                                       | £1.80/100g |
|                          | Hazelnuts                                    | £1.70/100g |
|                          | Pecans                                       | £1.60/100g |
|                          | Walnuts - low stock                          | £1.50/100g |
| <b>RICE/PASTA/PULSES</b> | Basmati brown rice organic                   | £0.40/100g |
|                          | Basmati white rice organic - out of stock    | £0.40/100g |
|                          | Bulghur wheat                                | £0.28/100g |
|                          | Short grain brown rice - low stock           | £0.38/100g |
|                          | Truly Unique handmade coloured fusilli pasta | £3.99/100g |
|                          | White fusilli pasta organic - out of stock   | £0.30/100g |
|                          | Wholewheat penne pasta organic               | £0.30/100g |
|                          | Green lentils                                | £0.25/100g |
|                          | Red lentils - out of stock                   | £0.28/100g |
|                          | Pearl barley organic                         | £0.25/100g |
| <b>CEREAL/OATS</b>       | Fruit muesli                                 | £0.50/100g |
|                          | Granola                                      | £1.50/100g |
|                          | Oats organic                                 | £0.20/100g |
| <b>HEALTHY BITES</b>     | Cinnamon & raisin                            | £1 each    |
| <b>SEEDS</b>             | Chia seeds organic                           | £1.00/100g |
|                          | Pumpkin seeds                                | £0.80/100g |
|                          | Quinoa                                       | £0.70/100g |
|                          | Sesame seeds organic                         | £1.00/100g |
|                          | Sunflower seeds                              | £0.50/100g |

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| <b>BAKING INGREDIENTS</b> | Baking powder  | £0.40/100g |
|                           | Baking powder GLUTEN FREE  | £1.00/100g |
|                           | Bicarbonate of soda - out of stock                               | £0.60/100g |
|                           | Cocoa powder organic   | £1.20/100g |
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| <b>HERBS AND SPICES</b>   | Bay leaves   | £0.30/10g  |
|                           | Basil  | £0.15/10g  |
|                           | Caraway seeds  | £0.12/10g  |
|                           | Chilli powder  | £0.15/10g  |
|                           | Cinnamon sticks  | £0.60/10g  |
|                           | Cumin seeds  | £0.15/10g  |
|                           | Curry powder - medium madras                                     | £0.12/10g  |
|                           | Dried rosemary   | £0.20/10g  |
|                           | Garam Masala   | £0.20/10g  |
|                           | Garlic powder  | £0.20/10g  |
|                           | Ground cinnamon  | £0.15/10g  |
|                           | Ground coriander   | £0.12/10g  |
|                           | Ground cumin   | £0.15/10g  |
|                           | Ground ginger  | £0.20/10g  |
|                           | Himalayan rose pink salt   | £0.10/10g  |
|                           | Mint   | £0.15/10g  |
|                           | Mixed spice  | £0.15/10g  |
|                           | Mixed herbs  | £0.14/10g  |
|                           | Oregano  | £0.18/10g  |
|                           | Paprika - Spanish  | £0.15/10g  |
|                           | Parsley  | £0.20/10g  |
|                           | Peppercorns  | £0.16/10g  |
|                           | Sage   | £0.20/10g  |
|                           | Thyme  | £0.15/10g  |
|                           | Turmeric   | £0.12/10g  |
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| <b>TEA &amp; COFFEE</b>   | Chia Kashmiri black tea  | £4.96/100g |
|                           | English breakfast tea  | £3.00/100g |
|                           | Green gunpowder tea  | £3.50/100g |
|                           | Colombian coffee beans   | £3.40/100g |
|                           | Colombian ground coffee  | £3.40/100g |
|                           | Blue Mountain<br>Central/south America<br>medium                 | £3.00/100g |
|                           | Verona<br>Central/South American<br>expresso blend- out of stock | £3.00/100g |
|                           | Decaffeinated water<br>Kenya                                     | £3.28/100g |
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|                           | Tea strainer   | £3.50 each |
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| <b>CONFECTIONERY</b>         | Chocolate Brazil nuts                             | £1.50/100g               |
|                              | Chocolate raisins                                 | £0.85/100g               |
|                              | Dark chocolate chips 70.5%                        | £1.20/100g               |
|                              | Lick the Spoon salted caramel bar                 | £3.50 each               |
|                              | Lick the Spoon sea salt praline bar               | £3.50 each               |
|                              | Lick the Spoon pink champagne truffles box        | £12.95 each              |
|                              | Lick the Spoon salted caramel box                 | £12.95 each              |
|                              | Marshmallows vanilla, raspberry, rhubarb & ginger | £0.50 each               |
|                              | Milk chocolate buttons                            | £1.45/100g               |
|                              | Plain chocolate buttons DAIRY FREE                | £1.40/100g               |
|                              | Play in Choc DAIRY, GLUTEN, NUT FREE              | £2.95 each               |
|                              | Play in Choc Rabbit gift box                      | £17.50 each inc. 6 boxes |
|                              | White chocolate chips                             | £1.30/100g               |
|                              | Yogurt raisins out of stock                       | £0.85/100g               |
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| <b>CANNED DRINKS</b>         | Cawston Press elderflower                         | £1.10 each               |
|                              | Cawston Press rhubarb                             | £1.10 each               |
|                              | LA Brewery lemongrass                             | £2.55 each               |
|                              | Switchle rooibos, raspberry & pomegranate         | £1.80 each               |
|                              |   |                          |
| <b>CANNED FOOD</b>           | Biona bean sprouts 340g                           | £1.89 each               |
|                              | Biona kimchi 340g                                 | £3.99 each               |
|                              | Biona sauerkraut 340g                             | £2.00 each               |
|                              | Biona red sauerkraut 340g                         | £1.99 each               |
|                              | Hodmedods fava beans 400g                         | £1.09 each               |
|                              | Hodmedods vaal dhal 400g - out of stock           | £1.79 each               |
|                              | Hodmedods Carlin peas 400g - out of stock         | £1.09 each               |
|                              | Hodmedods Red haricot beans 400g                  | £1.09 each               |
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| <b>SAM THING NICE - JAMS</b> | Blackberry & apple jam                            | £4.50 each               |
|                              | Lemon, lime & passionfruit curb                   | £4.50 each               |
|                              | Rhubarb chutney                                   | £4.50 each               |
|                              | Chilli pepper jam                                 | £4.50 each               |
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| <b>MARSH PIG</b>                                   | Sliced salami - Fennel or Red wine and black pepper 100g | £5.00 each  |
|  | Whole salami - Venison and sloe gin 180g - out of stock  | £6.50 each  |
|  | Selection pack   | £7.25 each  |
|  | Lomo - 50g - out of stock                                | £5.00 each  |
|  | Bresaola - 50g   | £5.00 each  |
|  | Jerky - Red wine or Chilli beef 50g                      | £3.00 each  |
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| <b>EGGS</b>  | Free range eggs medium                                   | £0.20 each  |
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| <b>TOILETRIES - ALICE MADE</b>                     | Wash cloth   | £4.50 each  |
|  | Face scrubbies   | £5 for 5    |
|  | Shower puff  | £           |
|  |  |             |
| <b>TOILETRIES - FIT PIT DEODRANT</b>               | Small - 25ml   | £4 each     |
|  | Sensitive, Man, Tea Tree                                 |             |
|  | Large - 100ml  | £10 each    |
|  | Sensitive, Man, Tea Tree                                 |             |
|  |  |             |
| <b>TOILETRIES - KITE NEST</b>                      | Lip balm - Naked or Orange                               | £3.95 each  |
|  | Body scrub -   | £16.95 each |
|  | Lemon & lime or Geranium & patchouli                     |             |
|  | Body butter - 240ml                                      | £11.95 each |
|  | Lemon & rosemary or Orange & ginger                      |             |
|  | Dry shampoo (light or dark)                              | £10 each    |
|  | Shampoo bar – Lemon out of stock                         | £6.95 each  |
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| <b>TOILETRIES - MOOREND GOATS MILK MOISTURISER</b> | Small - 50ml   | £11 each    |
|  | Naked, Patchouli, Lime or Citronella                     |             |
|  | Large - 100ml  | £15 each    |
|  | Naked, Lavender, Geranium or May Chang                   |             |
|  |  |             |
| <b>TOILETRIES - NATURAL SPA SUPPLIES</b>           | Marshmallow root (hair conditioner)                      | £5 each     |
|  | Rhassoui clay (face/body mask) - out of stock            | £5 each     |
|  | Henna  | £7 each     |
|  | Pumice stone   | £10 each    |
|  | Comb   | £7 each     |
|  | Small sea sponge   | £12 each    |
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| <b>TOILETRIES - THE LITTLE ECO CHAMELEON</b>    | On the go wipes - handmade                                  | £5 for 2   |
|   | Make up remover pads & bag - handmade                       | £12 for 10 |
|   | Tote bag – handmade small                                   | £6         |
|   |   |            |
| <b>TOILETRIES - PLASTIC PHOBIA</b>              | Bamboo cotton buds  | £2.49 each |
|   |   |            |
| <b>JACQSARTISAN</b>                             | Body and hair soap - small                                  | £3.50 each |
|   | Body and hair soap - large                                  | £4.50 each |
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| <b>THE SOAPY GOAT COMPANY- GOATS MILK SOAP</b>  | Handmade bars -   | £4.50 each |
|   | Goats milk, organic poppyseed and lemongrass                |            |
|   | Goats milk, honey and organic oats - out of stock           |            |
|   | Cucumber and borage oil-vegan                               |            |
|   | Goats milk, rosemary and thyme                              |            |
|   | Goats milk and rosemary Shampoo bar – out of stock          | £5.00 each |
|   |   |            |
| <b>CLEANING SUPPLIES - NATURAL SPA SUPPLIES</b> | Soapnuts  | £5.00/250g |
|   | Scrubbies   | £3.50 each |
|   |   |            |
| <b>CLEANING SUPPLIES - PLASTIC PHOBIA</b>       | Bamboo dish cloth   | £1.50 each |
|   |   |            |
| <b>TOILET BOMBS</b>                             | Lemon - out of stock<br>Tea tree - out of stock<br>Bergamot | £0.40 each |
|   |   |            |
| <b>DISHWASHER TABLETS</b>                       | Handmade  | £0.40 each |
|   |   |            |
| <b>BEEWAX WRAPS - HANDMADE</b>                  | Small   | £2.50 each |
|   | Medium or round   | £3.50 each |
|   | Large   | £4.50 each |
|   |   |            |
| <b>LITTLE HOME ECO - SANDWICH BAGS</b>          | Handmade  | £6.50 each |
|   |   |            |
| <b>METAL STARWS</b>                             | Straight  | £1.50 each |
|   | Angled  | £2.00 each |
|   | Smoothie  | £2.50 each |
|   | Cleaning brush  | £0.50 each |

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| <b>BEE NATURAL WAX MELTS -</b>                             | Soy snap bar<br>Pomegrante  | £5.00 each  |
|  | Scented tablet<br>Rose/ honey & oud   | £4.50 each  |
|  | Botanical collection  | £22.50 each |
|  | Signature beeswax collection  | £12.50 each |
|  | Pictures can be seen on our<br>facebook page in our previous<br>posts or send us a message                                |             |
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| <b>HANDMADE AT BRAMLEY<br/>COTTAGE</b>                     | Handmade bird feeder  | £15 each    |
|  | Handmade soap dish  | £15 each    |
|  | Pictures can be seen on our<br>facebook page in our previous<br>posts or send us a message                                |             |
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| <b>LITTLE PEA POD - HANDMADE</b>                           | Burner round - out of stock   | £12 each    |
|  | Burner square - out of stock  | £15 each    |
|  | Coaster   | £3.75 each  |
|  | Pictures can be seen on our<br>facebook page in our previous<br>posts or send us a message                                |             |
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| <b>SEED CARDS</b>  | Selection of Happy Birthday,<br>Congratulations and Birthday<br>Wishes - please message if<br>would like to see pictures. | £3.75 each  |
|  | Pictures can be seen on our<br>facebook page in our previous<br>posts or send us a message                                |             |
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| <b>KINDLECONES - eco-friendly<br/>soy wax firelighters</b> | 12 x Winter spice cones   | £13.49 each |
|  | 6 x Winter spice cones  | £6.99 each  |
|  | 10 x mini cones   | £5.99 each  |
|  | 10 x Aurora cones   | £9.99 each  |
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| <b>HAPPY SELF JOURNAL</b>                                  | Yellow  | £20 each    |
|  |   |             |
| <b>KRAFT PAPER</b>   | 3m  | £1.50 each  |
|  | 5m  | £2.50 each  |
|  |   |             |
| <b>PAPER PACKAGING TAPE</b>                                | 25mm  | £2.00 each  |
|  | 50mm  | £3.50 each  |